

Take Our 5-Second, 3-Question Quiz!

- Are you **TIRED** during the day?
- Have you been told you **SNORE loudly**?
- Have you been told you **STOP** your **breathing** during sleep?

If you check-marked 2 or 3 of these questions, OR if you check-marked the last question, ***PLEASE BRING YOUR SLEEP TO YOUR DOCTOR'S ATTENTION.*** You may have a medical problem with your sleep.